Date: 27.09.2024

## Name of the Institute: ICAR-Directorate of Coldwater Fisheries Research, Bhimtal

Under "Swachhta hi Seva 2024 campaign" a programme on "Access to Health Facilities & Services" was conducted to ensure better quality of life for Safai Mitras/Sanitation workers and their dependents. The programme was initiated with welcome address by Dr.D. Thakuria, Senior Scientist, ICAR-Directorate of Coldwater Fisheries Research, Bhimtal. A total of 25 participants comprising staff members of ICAR-DCFR, Safai Mitras/Sanitation workers of this Directorate and their families. In the programme, Col. Dr. C.S. Rawat, MBBS briefed about personal hygiene, environmental hygiene, importance of regular exercise, food habit to maintain good health. The participants also discussed about their prevailing health condition with the doctor.

